

Band 6

Band 7+

In this essay, it will be discussed both views...

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the individual should have the accountability...

→ individuals should take responsibility.....

their bodies' situation...

→ their own physical condition.....

their bodies' limits....

→ their physical limits...

it depends on their decision to stay fit or comfortably

→ it depends on their personal decision whether to live healthily or not

No one will love to...

→ Not everyone enjoys...

the public's mindset on health and diet.

→ public attitudes toward health and diet.

how to publish a credit view to people

→ spread positive messages

, they can share the healthy habits or lifestyle

→ they can promote healthy habits

this can be effective in making the individual awareness

→ this can effectively raise public awareness

they have the right to prohibit

→ governments have the authority to regulate

they can limit in selling alcohol or cigarette

→ they can limit the sale of alcohol and cigarettes